

PDDC doulas seek to provide care that enables the individual to live as fully as possible, even when their medical prognosis is terminal.

Every transition from life to death is sacred and unique. We believe everyone deserves a good death.

**COMPANIONING
DYING PEOPLE AND
THEIR FAMILIES.
PRIZING COMFORT,
INDIVIDUALITY,
AND HOLDING
SPACE FOR A WIDE
RANGE OF
EXPERIENCES.**



GET IN TOUCH

267-282-1003
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www.phillydeathdoulas.com

**PHILLY DEATH
DOULA
COLLECTIVE**

COMPASSIONATE,
PROFESSIONAL END OF LIFE
AND EARLY GRIEF CARE

SLIDING SCALE

In order to provide services to as many individuals and families in our community as possible, we request your active participation in deciding your contribution. Please bear in mind that we are often socialized to see what we lack better than the big and small privileges we do have.

Tier 1

I frequently stress about meeting basic needs and don't always achieve them.

Price: \$0-\$75 per hour.

Tier 2

I may stress about meeting my needs sometimes but I regularly achieve them.

Price: \$75-\$125 per hour.

Tier 3

I am able to meet all of my basic needs.

Price: \$125-\$175 per hour.

Full sliding scale on our website, www.PhillyDeathDoulas.com. Adapted from the Andean Medicine for Liberation workshop at Centro Corona NYC.

OUR SERVICES

Doula relationships are built to order, meaning that they extend beyond this list to meet the needs of the individual and family we're serving at that time.

- Assistance with completing advance directives for health care and death care
- Companion care and caregiver relief/support
- Support with stillborn and infant death and bringing baby home for a home funeral
- Suggestion of interventions for comfort of all present
- Development of vigil plans
- Guided imagery and meditations to help alleviate anxiety and suffering
- Life review and legacy projects
- Development of meaningful, accessible rituals for healing, commemoration, and continued bonds
- Continuous bedside presence during the final stage of the dying process
- Guidance with after death care of the body and home funerals

AND MORE...

SCOPE OF PRACTICE

via National End of Life Doula Alliance

THE ROLE OF THE DOULA

- To provide non-medical, non-judgmental support and guidance to individuals and families through times of critical, transformative life change.
- To nurture, inform, support, guide, empower and comfort.
- To work with other caregivers and members of the medical team.
- To foster self-determination in their clients by assisting them in gathering information and encouraging them to make informed choices that are right for them.
- To make referrals to appropriate professionals and community resources.
- To focus on, and adapt to, the unique needs and requirements of each family served.

LIMITATIONS TO PRACTICE

- Doulas do not perform clinical tasks (e.g., monitor vital signs, administer medication).
- Doulas refrain from giving medical advice or from persuading clients to follow a specific course of action or treatment.
- Doulas do not impose our own values and beliefs on the client or family.
- Doulas do not usurp the role of other professionals and caregivers such as the hospice nurse, social worker, chaplain, etc.
- Doulas may be present at the request of the client, but doulas do not facilitate the medical aid-in-dying process